

## **Experiences Related to Shamanic Programs**

*This information was reported to Monroe Products and The Monroe Institute by individuals and/or by professional practitioners about the use of Hemi-Sync® in the late 1990s.*

“True shamans see through their hearts, live a life of honor and respect, and have a light and joy shining through their eyes that Westerners long for. *The Shaman’s Heart Program* by Byron Metcalf (in collaboration with Monroe Products) teaches us how to embrace all these gifts. His work is brilliant and accessible to all. Those new to shamanism as well as experienced shamanic practitioners will receive great benefit from this program. I know I did!” –Sandra Ingerman, author of *Soul Retrieval* and *The Shamanic Journey: A Beginner’s Guide*.

\*\*\*

“I have used Byron Metcalf’s [*Spirit Gathering*] in shamanic divination journey work of various kinds and have found it to be extremely valuable in taking one to the deep, at times frightening inner spaces that one often encounters in self-exploration. The deep resonant bass pulls and driving rhythms keep one moving through the changes and provide a safe container for this kind of work.” –Ralph Metzner, Ph.D.

Hemi-Sync® is a registered trademark of Interstate Industries, Inc.  
© The Monroe Institute